

Old Isleworthians RFC
2011/12 Periodised Season
March Focus
**“Cometh the hour,
Cometh OIs...”**

There are FOUR key League games this month.

That means that you have four opportunities:

- * to demonstrate and exploit 'Club Spirit'...**
- * to help capture much needed League points...**
- * to close the gap on those higher in the table...**
- * to secure our place in Herts/Middlesex Two...**

A final reminder of those January Resolutions...

- * Get back into the *Training Habit*...**
- * Get back into the *Winning Habit*...**

